

Dr. Harry,

My name is Jim Gaye and I was desperate to have a better quality of life. I took a chance after looking at the Great Health website. I spent time researching the merits of arginine.

I started on arginine on July 23rd 2004. I had a number of health problems; I had Heart Disease, Diabetes, High Blood Pressure, High Cholesterol, Gout and Hardening of the Arteries. A blood test showed that my kidney function was down to 30%. My Renal Doctor started talking about Dialysis. Seven to ten days after I started taking arginine I began to feel different. I had more energy and circulation was returning to my legs, which enabled me to walk at a normal pace. My activity began to increase which allowed me to lose 20 lbs. in about 2 months.

Soon with the help of my doctors I was able to reduce or eliminate my medications one by one.

- 1) I reduced my blood pressure medication.
- 2) I was able to eliminate 3 of my heart medications (Aspirin, Nitro's, and Isosorbide).
- 3) I have not had a Gout attack since I started taking arginine.
- 4) Arginine helped to lower my Cholesterol.
- 5) I now have better control of my Diabetes!

For years I was over medicated! Recently I had a blood test done to check my Kidney function. The doctor was pleasantly surprised that it had increased to 40%!

On June 10th 2005 I had a vascular exam of my Carotid Artery and my Peripheral Arteries. The Technician questioned why I was coming in twice a year when my last exam was better than before?

July 11th 2005 the Cardiologist (whom I have seen since 1990) from the Cardio Clinic told me that all my numbers were fine and I should call him only if I need him.

I would personally like to thank Floyd Christopher for leading me to the "Gift Of Life!" It has literally changed my life. I spend each day telling anyone who will listen of my success with arginine, hoping to help someone to feel as good as I do!

I believe in arginine because it has given me a better quality of life! That is just what I was looking for!

James T. Gaye
Cleveland, OH